

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	National Cinema Day 3 9-10 Cool Beans Cafe' 10-10:30 Seated Stretching 10:30-11:15 Hydration & Trivia 11:15-12 Reminiscing Cinema 12-12:30 Lunch 12:30-2 Popcorn & a movie 2-3 Social Hour Cinema theme BINGO(cinema)	National Wildlife Day 4 9-10 Cappuccino & Chat 10-10:30 Go on a Safari 10:30-11:15 Hydration & Trivia 11:15-12 What's that sound 12-12:30 Lunch 12:30-1:30 Wildlife Trivia 1:30-2 Make Trail Mix 2-3 Wildlife BINGO	National Cheese Pizza Day 5 9-10 Latte's & Laughter 10-10:30 Balloon Volleyball 10:30-11:15 Hydration & Memory Joggers 11:15-12 Make cheese Pizzas 12-12:30 Lunch 12:30-1:30 Hot Potato Game 1:30-2 Sing with Suzie Q 2-3 Family Feud	6	7	
8	Labor Day	9	National Swap Ideas Day 10 9-10 Coffee & Chat 10-10:30 Seated Pillow Yoga 10:30-11:15 Hydration & Jog your Noggin 11:15-12 Swap Ideas! 12-12:30 Lunch 12:30-1:30 Make ice cream 1:30-2 Worst Advice EVER.... 2-3 Auction & Ice Cream	Patriot & Remembrance Day 11 9-10 Mocha & Memories 10-10:30 Seated Stretch Bands 10:30-11:15 Hydration & Trivia 11:15-12 Sing a long Patriotic Songs 12-12:30 Lunch 12:30-1:30 Reminisce 9-11 1:30-2 Paint an American Flag 2-3 Family Feud	Nat'l Choc Milkshake Day 12 9-10 Coffee & Chatting 10-10:30 Silver Sneakers 10:30-11:15 Hydration & Jog Your Noggin 11:15-12 Reminiscing Milkshakes 12-12:30 Lunch 12:30-1:30 Floor Yahtzee 1:30-2 Name that tune 2-3 Choc Milkshake Social	13	14
Grandparents Day	15	16	Nat'l Apple Dumpling Day 17 9-10 Cool Beans Cafe' 10-10:30 Silver Sneakers- Motown 10:30-11:15 Joggin your Noggin! 11:15-12 Songs with apples! 12-12:30 Lunch 12:30-2 Apple Dumpling Gang Movie 2-3 Apple dumpling social with apple taste test	National Cheeseburger Day 18 9-10 Mocha & Memories 10-10:30 Get Heart Smart 10:30-11:15 Library 11:15-12 History of the Cheeseburger 12-12:30 Lunch 12:30-1:30 Sing a long 1:30-2 Learn a line dance 2-3 Bake Cookies- Cookie Social	Nat'l Talk like a Pirate Day 19 9-10 Mochas & History 10-10:30 Balloon Badminton 10:30-11:15 Hydration & Pirate Trivia 11:15-12 Paint a Pirate 12-12:30 Lunch 12:30-2 Live Entertainment (Mr Bill) 2-3 Pirate BINGO	20	21
22	23	National Punctuation Day 24 9-10 Latte's & Laughter 10-10:30 Punctuation Walk 10:30-11:15 Hydration & Reminisce 11:15-12 Which punctuation goes there? 12-12:30 Lunch 12:30-1:30 Autumn Talk & Craft 1:30-2 Funny Songs sing a long 2-3 Auction	National Quesadilla Day 25 9-10 Cool Beans Cafe' 10-10:30 Balloon Volleyball 10:30-11:30 Hydration & Quesadilla Questions 11:30-12 Let's Make Quesadillas! 12-12:30 Lunch (quesadillas) 12:30-1:30 We're all Food Critics! 1:30-2 Food Trivia 2-3 BINGO	National Dumpling Day 26 9-10 Mocha & Memories 10-10:30 Silver Sneakers 10:30-11:15 Hydration & Different Dumplings 11:15-12 What's that Sound? 12-12:30 Lunch (Pot Stickers) 12:30-1:30 Let's Make Lunch Game 1:30-2 Tell me a joke! 2-3 Cookie social (bake cookies)	27	28	
Autumn Begins	29	30	<h1>September 2024</h1> 				

Charlie Place II

Charlie's Place Gonzales | 1212 S. Purpera Ave. | 225-647-1303



Alzheimer's SERVICES of the Capital Area **30TH ANNIVERSARY**

WALK TO REMEMBER

OCTOBER 19, 2024

HONORARY CHAIR

Julio Melara
Pres. & CEO of Melara Enterprises

Register individually
Start a team
Ways to Participate
Donate
Spread the word
Join a team

Contact Ann at dev2@alzbr.org or 225-774-3494 for assistance or sponsorship information.

Reminisce This...

September is when Autumn begins...

Reminisce with your loved one...

Ask them these questions and share with them your answers as well.

- What was your favorite thing about Fall/Autums when you were a child?
- Did you ever rake leaves into a big pile to jump in?
- What is your favorite fall food?

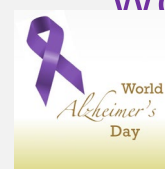
Celebrating September

LABOR Day
September 2

Grandparents Day
September 10



World Alzheimer's Day
September 21



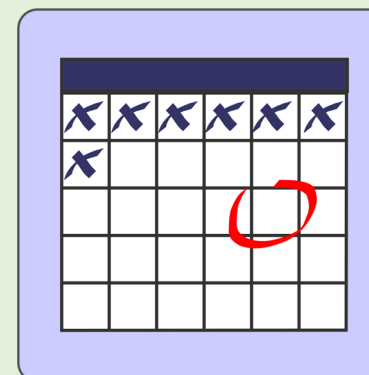
Dates to Remember

Monday, September 9
1:30-2:30

Support Group Meeting at Charlie's Place Gonzales

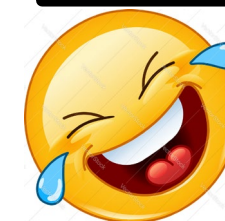
Wednesday, September 11
12-1

Lunch N Learn (via zoom)
Preparing for the Holidays



Our CP2 Promise...

To provide a fun, exciting, welcoming and engaging time for our clients that encourages them to want to attend as often as possible! All while focusing on maintaining cognitive ability through activities and meaningful interactions at Charlie's Place Gonzales.



WHAT DO YOU CALL A FAKE NOODLE?

