

97 Things To Do With A Person Who Has Alzheimer's Disease

1. Clip coupons
2. Sort poker chips
3. Count tickets
4. Rake leaves
5. Use the vacuum
6. Read out loud from a favorite book
7. Bake brownies
8. Look up names in the phone book
9. Read out loud from the daily newspaper
10. Ask a friend, neighbor, or church acquaintance who has a young child to visit
11. Listen to music
12. Plant seeds in a pot or the ground
13. Look at family photographs
14. Toss a ball
15. Color pictures
16. Make homemade cookies
17. Dust the furniture
18. Weed the flower bed
19. Make homemade lemonade
20. Have a spelling bee
21. Read from a favorite magazine
22. Fold clothes
23. Have a neighbor or friend who has a calm pet visit
24. Cut pictures out of greeting cards
25. Wash dishes
26. Put dishes away
27. Bake homemade bread
28. Sort objects such as beads by shape or color
29. Make a memory box
30. Say "Tell me more" when he or she talks about memories
31. Make a collage of family photos
32. Play favorite songs and sing together
33. Take a ride
34. Make an apple pie
35. Read aloud from the Bible
36. Dye Easter eggs
37. Make a basket of goodies
38. Take a walk
39. Reminisce about the first day of school
40. String Cheerios to hang outside for the birds
41. Make a fresh fruit salad
42. Sweep the porch
43. Draw a picture
44. Fold towels
45. Have afternoon tea
46. Remember special occasions
47. Paint a sheet
48. Play Pictionary
49. Cut out paper figures
50. Identify states and capitals
51. Make a family tree poster
52. Color a picture of our flag
53. Cook hotdogs outside
54. Water hose plants
55. Reminisce about the first kiss
56. Play horseshoes
57. Dance
58. Make homemade ice cream
59. Make Christmas cards
60. Sort playing cards by their color or suit
61. Write a letter to a family member
62. Make popcorn
63. Name the Presidents
64. Give a manicure
65. Roll yarn into a ball
66. Make a birthday cake
67. Make paper butterflies
68. Plant a tree
69. Make homemade applesauce
70. Finish famous sayings
71. Feed the ducks
72. Mold with Playdoh
73. Look at pictures in the National Geographic
74. Put a simple puzzle together
75. Sand wood
76. Rub in hand lotion with a pleasant scent
77. Decorate paper placemats
78. Arrange fresh flowers
79. Remember famous people
80. Straighten underwear drawer
81. Finish nursery rhymes
82. Make peanut butter sandwiches
83. Cut up used paper for scratch paper
84. Take care of a fish tank
85. Trace and cut out leaves
86. Asks simple trivia questions
87. Finish Bible quotes
88. Play with string
89. Read classic short stories
90. Put coins into a jar
91. Knit a blanket
92. Put bird feed out for birds
93. Clean out a pumpkin
94. Sing Christmas carols
95. Email a friend or family member
96. Make a grocery list
97. Play a game of Scrabble

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